

Who are we?

The Guardian for Children

and Young People and her

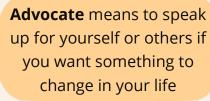
team advocate for you

while you are in care!

# The Guardian for Children and Young People



### What does advocate mean?



# Who is the Guardian?



Shona Reid is the **Guardian for Children and Young People**. Together with her team, Shona is here to help you feel safe and well cared for while in care



**Did you know:** When you are in care you have a special set of **RIGHTS** to make sure you feel safe and happy! This is the *Charter of Rights for Children and Young People in Care.* Ask your carer or case worker for a copy!



## How can we help?

If you feel like your rights are not being respected or you are not being listened to, you can call us and tell us what is going on.

We will chat with you, find out what is happening and work with you to try and make things better.



## What can you talk to us about?

- worries about your **safety** and **wellbeing**
- making changes about where you are living
- having a say in decisions that affect you
- seeing your **family** and friends
- your **future** after care
- finding out more about your **rights**

We can talk to adults on your behalf and help you to speak up for yourself!





#### How can you contact us?

You can call us on 1800 275 664 during office hours (9am-5pm) (freecall for children and young people).



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